

Is it Coronavirus, Flu, Cold or Seasonal Allergies?



Do you have a fever?

YES



Are you experiencing shortness of breath?

YES

You MAY have **CORONAVIRUS**.

Additional symptoms include a cough, fatigue, body or muscle aches and appear 2-14 days after exposure.

NO

You MAY have **THE FLU**.

Additional symptoms include cough, body or muscle aches, fatigue, sore throat and headache.

NO



Do you have itchy eyes?

YES

You MAY have **SEASONAL ALLERGIES**. Additional symptoms include itchy, runny or stuffy nose, sneezing, headache and red, watery or puffy eyes.

NO

You MAY have **THE COMMON COLD**. Additional symptoms include sneezing, runny or stuffy nose, or mild chest discomfort.

IF YOU HAVE CORONAVIRUS, THE FLU OR A COLD:

1. If you are sick, stay at home to avoid infecting others.
2. Get plenty of rest and sleep.
3. Drink plenty of water and other clear liquids to prevent fluid loss (dehydration).
4. Take pain relievers such as acetaminophen to relieve fever and body aches. Do not give aspirin to children.
5. Completely cover your mouth when you cough and sneeze.

WHEN TO CONSULT A DOCTOR:

If your symptoms don't improve or you notice new or worsening symptoms, we recommend using UH Virtual Visit or calling your primary care physician. A physician can help determine the best location for care.

For more information and the latest updates, visit UHhospitals.org/Coronavirus.

