10K Turn by Turn Directions and Distances

				Runner	25%	50%	75%	Last
Turn			Cumulative	Time of	of	of	of	Participant
#	Description	Leg Distance	Distance	day	Field	Field	Field	time of day
	Start on Ontario St just south of Huron Road	0.258	0.258	7:01	7:06	7:08	7:10	7:18
1	Turn right (east) on South Roadway becomes Euclid Ave	0.052	0.31	7:02	7:07	7:09	7:12	7:19
	Turn left (north) on East 17th Street	0.67	0.98		_			7:35
3	Turn left (west) on St. Clair Avenue	0.48	1.46	7:07	7:18	7:21	7:27	7:47
	Turn right (north) on East 9th Street	0.43						
	Turn left (west) on Al Lerner Way	0.37	2.26					8:06
	Turn left (south) on West 3rd Street	0.43						
	Turn right (west) on Lakeside Ave becomes Main Ave	0.19						8:24
	Turn left (south) on Old River Road	0.38					_	
	Turn right (south) on Robert Lockwood Dr	0.2	3.46				_	
	Turn right (southwest) on Columbus Rd	0.23						
10	Turn left (south) on Columbus Rd	0.13	3.82	7:18	7:39	7:46	7:56	8:40
	Turn right (west) on Abbey Ave	0.53	4.35	7:22	7:46	7:53	8:05	8:57
	Turn right (north) on Gehring Street	0.13	4.48	7:22	7:47	7:55	8:07	9:00
	Turn left (southwest) on Lorain/Carnegie Ave	0.02	4.5	7:23	7:47	7:55	8:07	9:00
	Turn right (north) on West 25th Ave	0.28	4.78	7:24	7:49	7:58		
	Turn left (west) on Franklin Blvd	0.11	4.89	7:24	7:50	7:59	8:12	9:10
	Turn right (north) on West 29th Street	0.31	5.2	7:25	7:53	8:02	8:16	9:15
	Turn right (east) on Detroit Ave	0.17	5.37	7:26		8:04	8:18	9:19
18	Finish on Detroit/Superior before West 3rd Steet	0.83	6.2	7:32	8:05	8:13	8:29	9:45
	Total Distance	6.2	6.2	7:32	8:05	8:15	8:31	9:45