

Leg Distance	Cumulative Distance	Direction	Details	Restrictions	Runner Start Time	First Runners (5:00 pace)	Average Runner (10:18 pace)	Last Participant (16:00 pace)
0.39	0	WEST	Starting at Mall B head west on St Clair		7:00	7:00	7:00	7:00
0.14	0.39	Left	Turn left onto West 9th Street		7:00	7:01:57	7:04:01	7:06:14
0.27	0.53	Left	Turn left onto Superior Avenue		7:00	7:02:39	7:05:28	7:08:28
0.13	0.8	Right	Turn right onto West Roadway			7:04:00	7:08:14	7:12:47
0.94	0.93	Slight Right	Keep right onto Euclid Avenue			7:04:39	7:09:35	7:14:52
0.31	1.87	Left	Turn left onto East 22nd Street			7:09:21	7:19:16	7:29:53
0.46	2.18	Left	Turn left onto Payne Avenue			7:10:54	7:22:27	7:34:51
0.06	2.64	Right	Turn right onto East 13th Street			7:13:11	7:27:11	7:42:12
0.59	2.7	Right	Turn right onto Superior Avenue			7:13:29	7:27:48	7:43:09
0.15	3.29	Left	Turn left onto East 24th Street			7:16:26	7:33:53	7:52:35
0.35	3.44	Left	Turn left onto Saint Clair Avenue			7:17:11	7:35:26	7:54:59
0.12	3.79	Right	Turn right onto East 18th Street			7:18:56	7:39:02	8:00:35
0.49	3.91	Left	Turn left onto Lakeside Avenue			7:19:32	7:40:16	8:02:30
0.23	4.4	Right	Turn right onto East 9th Street			7:21:59	7:45:19	8:10:20
0.44	4.63	Left	Turn left onto Erieside Avenue			7:23:08	7:47:41	8:14:00
0.19	5.07	Left	Turn left onto West 3rd Street			7:25:20	7:52:13	8:21:02
0.22	5.26	Right	Turn right onto Lakeside Avenue			7:26:17	7:54:10	8:24:05
0.07	5.48	Right	Turn right onto West 9th Street			7:27:23	7:56:26	8:27:36
0.24	5.55	Left	Turn left onto Front Avenue			7:27:44	7:57:10	8:28:43
0.12	5.79	Left	Turn left through roundabout to Old River Rd			7:28:56	7:59:38	8:32:33
0.2	5.91	Right	Turn right through roundabout onto Old River Road			7:29:32	8:00:52	8:34:28
0.23	6.11	Right	Turn right onto Robert Lockwood Drive			7:30:32	8:02:56	8:37:40
0.21	6.34	Slight Left	Turn slight left onto Carter Road Bridge			7:31:41	8:05:18	8:41:20
0.18	6.55	Left	Turn left onto Carter Road			7:32:44	8:07:27	8:44:42
1.14	6.73	Right	Turn right onto Scranton Road			7:33:38	8:09:19	8:47:34
0.19	7.87	Left	Turn left onto Starkweather Avenue			7:39:19	8:21:03	9:05:48
0.65	8.06	Right	Turn right onto West 14th Street			7:40:16	8:23:01	9:08:50
0.19	8.71	Left	Turn left onto Buhrer Ave			7:43:31	8:29:42	9:19:13
0.16	8.9	Left	Turn left onto West 11th Street			7:44:28	8:31:40	9:22:15
0.13	9.06	Left	Turn left onto Clark Avenue			7:45:16	8:33:18	9:24:49
0.5	9.19	Right	Turn right onto West 14th Street			7:45:55	8:34:39	9:26:54
0.21	9.69	Right	Turn right onto Starkweather Avenue			7:48:25	8:39:48	9:34:53
0.2	9.9	Slight Left	Turn slight left onto Jefferson Avenue			7:49:28	8:41:58	9:38:14
0.25	10.1	Left	Turn left onto Professor Avenue			7:50:28	8:44:01	9:41:26
0.09	10.35	Slight Left	Keep slight left onto Fairfield Avenue			7:51:43	8:46:36	9:45:26
0.15	10.44	Right	Turn right onto West 11th Street			7:52:10	8:47:31	9:46:52
0.43	10.59	Left	Turn left onto Abbey Avenue			7:52:55	8:49:04	9:49:16
0.06	11.02	Right	Turn right onto West 19th Street			7:55:04	8:53:30	9:56:09
0.2	11.08	Right	Turn right onto Smith Court			7:55:22	8:54:07	9:57:06
0.1	11.09	Left	Turn left onto W 18th St			7:55:25	8:54:13	9:57:16
0.1	11.28	Left	Turn left onto Old Lorain Avenue			7:56:22	8:56:10	10:00:18
0.02	11.38	Left	Turn left onto West 20th Street			7:56:52	8:57:12	10:01:54
0.9	11.4	Sharp Left	Turn sharp left onto Lorain Avenue			7:56:58	8:57:24	10:02:13
0.3	12.3	Left	Turn left onto Ontario Street			8:01:28	9:06:41	10:16:36
0.44	12.6	Left	Turn left onto West Huron Road			8:02:58	9:09:46	10:21:24
2.26	13.04	Left	Turn left onto Detroit Avenue	Runners against traffic from W9th to W45th		8:05:09	9:14:18	10:28:26
0.6	15.3	Slight Right	Keep right onto Lake Avenue			8:16:27	9:37:34	11:04:33
0.3	15.9	Slight Left	Keep left onto Clifton Boulevard			8:19:27	9:43:45	11:14:09
0.2	16.2	Right	Turn right onto West Boulevard	Runner against traffic thru U Turn and back onto Ea		8:20:57	9:46:51	11:18:56
0.2	16.3	Slight Left	Turn slight left onto Cliff Dr			8:21:27	9:47:52	11:20:32
0.7	16.4	Right	Turn right onto Edgewater Drive	Runner against traffic		8:21:57	9:48:54	11:22:08
0.1	17.1	Left	Turn left onto West 115th Street	Runner against traffic		8:25:27	9:56:07	11:33:20
2.3	17.2	Right	Turn right onto Lake Avenue	Runner against traffic		8:25:57	9:57:08	11:34:55
2.3	19.5	U Turn	U Turn in Lakewood on Lake Avenue	Runner against traffic		8:37:26	10:20:50	12:11:41
0	21.8	Left	Turn left onto West 115th Street	Runner against traffic		8:48:56	10:44:31	12:48:27
0.8	21.8	Right	Turn right onto Edgewater Drive	Runner against traffic		8:48:56	10:44:31	12:48:27
0.1	22	Left	Turn left onto Cliff Dr	Runner against traffic		8:49:56	10:46:35	12:51:39
0.1	22.6	Straight	Keep straight onto West Boulevard	Runner against traffic		8:52:56	10:52:45	13:01:14
1.8	22.7	Left	Turn left onto eastbound Shoreway Ramp			8:53:26	10:53:47	13:02:50
0.2	24.5	Slight Right	Exit Shoreway at West 45th Street	Runner against traffic thru finish		9:02:25	11:12:19	13:31:36
1.2	24.7	Left	Turn left on Detroit Avenue			9:03:25	11:14:23	13:34:48
0.1	25.9	Left	Turn left onto West 9th Street			9:09:25	11:26:44	13:53:59
0.2	26	Right	Turn right onto West Saint Clair Avenue			9:09:55	11:27:46	13:55:35
	26.2	EAST	Finish route at Mall B			9:10:55	11:29:50	13:58:47