

10K

Saturday, May 21, 2022

Leg Distance	Cumulative Distance	Direction	Details	Runner Start Time	First Runners (5:00 pace)	Average Runner (10:18 pace)	Last Participant (14:53 pace)
	0	Start	Start of route	7:30 AM	7:30:00	7:30:00	7:30:00
0.1	0.1	Right	Turn right onto West 3rd Street		7:30:30	7:31:02	7:31:29
0.1	0.3	Right	Turn right onto West Lakeside Avenue		7:31:30	7:33:05	7:34:28
0.4	0.7	Left	Turn left onto East 9th Street		7:33:30	7:37:13	7:40:25
0.2	0.9	Left	Turn left onto Erieside Avenue		7:34:30	7:39:16	7:43:23
0.2	1.2	Straight	Continue onto Alfred Lerner Way		7:36:00	7:42:22	7:47:51
0.2	1.4	Left	Turn left onto West 3rd Street		7:37:00	7:44:25	7:50:50
0.3	1.7	Right	Turn right onto West Saint Clair Avenue, CR 9		7:38:30	7:47:30	7:55:18
0.2	1.9	Left	Turn left onto West 9th Street		7:39:30	7:49:34	7:58:16
0.1	2	Left	Veer left onto West Huron Rd		7:40:00	7:50:36	7:59:46
0.6	2.5	Slight Right	Turn slight right onto Ontario Street		7:42:30	7:55:45	8:07:12
0.3	2.8	Right	Turn right across Lorain/Carnegie Bridge		7:43:59	7:58:50	8:11:40
0.1	3.7	Right	Turn right onto Old Lorain Avenue		7:48:29	8:08:06	8:25:03
0.1	3.8	Right	Turn right onto West 18th Street		7:48:59	8:09:08	8:26:33
0.1	3.9	Right	Turn right onto Smith Ct		7:49:29	8:10:10	8:28:02
0.3	4.1	Right	Turn right onto West 20th Street		7:50:29	8:12:14	8:31:00
0.1	4.1	Left	Turn left onto Lorain Avenue, SR 10, Carnegie Bridge		7:50:29	8:12:14	8:31:00
0.1	4.2	UTurn	UTurn on Lorain Ave and cont. East on Carnegie Bridge				
0.9	5	Sharp Left	Turn sharp left onto Ontario Street		7:54:59	8:21:30	8:44:24
0.3	5.3	Slight Left	Keep left onto West Huron Road		7:56:29	8:24:35	8:48:52
0.3	5.6	Veer right	Veer right onto West 9th Street		7:57:59	8:27:40	8:53:20
0.6	5.9	Right	Turn right onto West Saint Clair Avenue, CR 9		7:59:29	8:30:46	8:57:47

Cleveland 10k 2022 Course Cue Sheet - Updated April 19